



Rajiv Gandhi National Institute of Youth Development (RGNIYD) Sponsored 3 Day TOT on Life Skills and Personality Development Programme



01-06-2022 to 03-06-2022

Organized by

**Department of Teacher Education
Nagaland University (A Central University),
Kohima Campus, Meriema, Nagaland-797 004
<https://nagalanduniversity.ac.in/English/>**

No Registration Fee
**Target Participants: U.G.,
P.G. Students, Research
Scholars, Teachers, Trainers
and etc**

Age Limit
**Participants age group
should be between 18 to 35'**

In Collaboration with



COORDINATOR
M. RAJENDRA NATH BABU
DEPT OF TEACHER EDUCATION
NAGALAND UNIVERSITY

COORDINATOR
PROF. INDERJEET SINGH SODHI
DEPARTMENT OF LOCAL
GOVERNANCE
RGNIYD, TAMIL NADU

Venue of the Programme
Ladies Common Room, NU

Contact
08555008532
09402207563

Rajiv Gandhi National Institute of Youth Development (RGNIYD) Sponsored 3 Day TOT on Life Skills and Personality Development Programme

(01-06-2022 to 03-06-2022)

Introduction

About the Department

Department of Teacher Education of the Nagaland University (A Central University) was established in 2015. The main aim of Department of Teacher education is to prepare teacher educators who perform optimally in the colleges of Teacher Education/Schools and other related research areas. At present department is offering M.Ed., and Ph.D. Programmes.

About RGNIYD

The Rajiv Gandhi National Institute of Youth Development (RGNIYD), Sriperumbudur, Tamil Nadu, is an Institution of National Importance under the Ministry of Youth Affairs & Sports, Government of India. The RGNIYD functions as a vital resource centre with its multi-faceted functions of offering academic programmes at Post Graduate level encompassing various dimensions of youth development, engaging in seminal research in the vital areas of youth development and coordinating Training Programmes for state agencies and the officials of youth organisation, besides the Extension and Outreach initiatives across the country.

Objectives of the Programme

- To gain knowledge and understanding on the Life Skills and ten core Life Skills.
- To understand the importance of Life Skills in daily life situations.
- To enhance our Life Skills and apply the same for the overall and personality development.
- To take it back to the youth and train them in Life Skills and Personality Development
- To enhance their Life Skills and apply the same for the overall and personality development.
- To develop interpersonal, leadership and group communication skills which would shape your personality in positive way.

- To adjust with the group and learn to live in group
- To know the Personality development aspects, Employability skills and opportunities

Topics for the Programme

- Skill Development in India: Context and Challenges
- Self awareness and decision making skills
- Self discovery and Coping with emotions
- Effective communication skills & Interpersonal skills
- Creative thinking & Critical thinking skills
- Problem solving skills
- Time Management
- Stress management
- Cyber Ethics and Personality Development
- Employability skills and opportunities
- 21st Century Digital Skills-Digital Transaction Skills

Number of participants	: 40 (Forty)
Duration of the programme	: 3 days (01-06-2022 to 03-06-2022)
Programme Timings	: 9:30 A.M -4:30 P.M
Registration Fee	: There is no registration fee
Venue of the Programme	: Ladies Common Room / Department of Teacher Education, NU

Organizing Committee Members

Dr.P.K.Pattanik, Head, Dept of Teacher Education, NU
Prof.Gyanendra Nath Tiwari, Dept of Teacher Education, NU
Dr. Surendra Yadav, Dept of Teacher Education, NU
Dr. T.Yolila Sangtam, Dept of Teacher Education, NU
Dr. Rashmi, Dept of Teacher Education, NU
Dr. Neha Rawat, Dept of Teacher Education, NU
Dr. Prasenit Pal, Dept of Teacher Education, NU

The Programme Coordinator Details:

M. RAJENDRA NATH BABU, Assistant Professor(Senior Scale), Dept. of Teacher Education, Nagaland University, Kohima Campus, Meriema, Nagaland - 797004. Mobile no: +91-8555008532, +91-9402207563, mrnb.svu@gmail.com (10.00 A.M. - 4.00 P.M.)

**RGNIYD Sponsored Three Day 'TOT on Life Skills and Personality Development'- Programme
Schedule (01-06-2022 to 03-06-2022)**

DAY & DATE	9.30-11.00		11.10-12.40		13.20-14.50		15.00-16.30
01-06-2022 (Wednesday)	Participants Registration, Interaction with Participants & Inaugural Programme	TEA BREAK (11.00-11.10)	Foundational Skills for Integrated Personality (Prof. Buno Liegise)	LUNCH BREAK (12.40-13.20)	Creative and Critical Thinking Skills (Prof. M.K.Sinha)	TEA BREAK (14.50-15.00)	Skill Development in India: Context & Challenges (Prof. P.K.Datta)
02-06-2022 (Thursday)	Effective Communication & Interpersonal Skills (Prof Lungsang Zeliang)		Stress Management Skills- Hands on Training (Dr. Ditalak Mpanme)		Cyber Ethics and Personality Development (Er.L. Lanuwabang)		Self Awareness and Decision Making Skills- Hands on Training (Prof G.N.Tiwari)
03-06-2022 (Friday)	21st Century Digital Skills- Digital Transaction Skills (Er.Morimenba Amer)		Employability Skills & Opportunities for Youth (M.R.N.Babu)		Problem Solving Skills & Time Management Skills- Hands on Training (Dr.D.Bordoloi)		Panel Discussion & Valedictory Programme

Details of Resource Persons:

- 1) **Prof Buno Liegise, Head, Dept of Education, Nagaland University, Kohima Campus, Nagaland**
- 2) **Er. L. Lanuwabang, Director, National Institute of Electronics & Information Technology(NIELIT),Kohima, Nagaland**
- 3) **Prof Lungsang Zeliang, Director i/c, Women's Studies Centre, Nagaland University, Kohima Campus, Nagaland**
- 4) **Er. Morimenba Amer, Joint Director, National Institute of Electronics & Information Technology(NIELIT),Kohima, Nagaland**
- 5) **Prof. Prabhat Kumar Datta , Formerly, Centenary Chair Professor of Public Administration, Department of Political Science, University of Calcutta**
- 6) **Prof. M.K. Sinha, Dean, School of Social Sciences, Nagaland University, Lumami,Nagaland**
- 7) **Prof Gyanendra Nath Tiwari, Dept of Teacher Education, Nagaland University, Kohima Campus, Nagaland**
- 8) **Dr. Ditalak Mpanme, Dept of Management, Nagaland University, Kohima Campus, Nagaland**
- 9) **Dr.Dhrubajyoti Bordoloi, Dept of Management, Nagaland University, Kohima Campus, Nagaland**

**Coordinator: M.RAJENDRA NATH BABU
Dept of Teacher Education, NU**

**Coordinator: Prof INDERJEET SINGH SODHI
RGNIYD, Tamil Nadu**

**Organized by Department of Teacher Education, Nagaland University in collaboration with
Rajiv Gandhi National Institute of Youth Development (RGNIYD), Tamil Nadu**



RAJIV GANDHI NATIONAL INSTITUTE OF YOUTH DEVELOPMENT
 (Institution of National Importance by the Act of Parliament No. 35/2012)
 Ministry of Youth Affairs & Sports, Government of India
 Sriperumbudur – 602 105, Tamil Nadu.

Programmes for Development of Youth through National Institutes / Central Universities / State Universities and Affiliated Colleges

Title of the Programme:

Dates:

Venue:

Registration Form for Participants

Name in Full (in Capital Letters): Mr./Ms. _____

Male Female

Category: SC/ST/North-East:

Educational Qualification:

Whether physically challenged: Yes / No

Name of the University / College: _____

Department and Year _____

Address for communication (Present)

District: _____ State: _____ PIN: _____
 Phone _____ Mobile _____
 Email _____

Permanent Address

District: _____ State: _____ PIN: _____
 Phone _____ Fax _____
 Mob: _____ Email _____

Have you participated in any other youth related training programmes: (if yes, give details):

Date: _____ Signature _____