



**Rajiv Gandhi National Institute of Youth
Development (RGNIYD) Sponsored 3 Day
Training of Trainers on Life Skills and Personality
Development Programme**



08-03-2022 to 10-03-2022

Chief Patron

Prof. PARDESHI LAL
Hon'ble Vice Chancellor
Nagaland University

Patron

Prof.A.K.MISHRA
Pro-Vice Chancellor
Nagaland University

Organized by

**Department of Teacher Education
Nagaland University (A Central University),
Kohima Campus, Meriema, Nagaland-797 004
<https://nagalanduniversity.ac.in/English/>**

Advisor

Prof. BUNO ZETSUVI
Dean
School of Humanities & Education
Nagaland University

Advisor

Dr.P.K.PATTNAIK
Head
Dept.of Teacher Education
Nagaland University

In Collaboration with



Coordinator

M.Rajendra Nath Babu
Dept of Teacher Education
Nagaland University

Organizing Committee Members

Dr. Surendra Yadav
Dr. T.Yolila Sangtam
Dr. Rashmi
Dr. Neha Rawat

No Registration Fee
Target Participants: P.G Students of
NU, Kohima Campus

Contact
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Sponsored 3 Day Training of Trainers on Life Skills and Personality
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Introduction

About the Department

Department of Teacher Education of the Nagaland University (A Central University) was established in 2015. The main aim of Department of Teacher education is to prepare teacher educators who perform optimally in the colleges of Teacher Education/Schools and other related research areas. At present department is offering M.Ed., and Ph.D. Programmes.

About RGNIYD

The Rajiv Gandhi National Institute of Youth Development (RGNIYD), Sriperumbudur, Tamil Nadu, is an Institution of National Importance under the Ministry of Youth Affairs & Sports, Government of India. The RGNIYD functions as a vital resource centre with its multi-faceted functions of offering academic programmes at Post Graduate level encompassing various dimensions of youth development, engaging in seminal research in the vital areas of youth development and coordinating Training Programmes for state agencies and the officials of youth organisation, besides the Extension and Outreach initiatives across the country.

Objectives of the Programme

- Gain knowledge and understanding on the Life Skills and ten core Life Skills.
- Understand the importance of Life Skills in daily life situations.
- Enhance our Life Skills and apply the same for the overall and personality development.
- Take it back to the youth and train them in Life Skills and Personality Development
- Enhance their Life Skills and apply the same for the overall and personality development.
- Develop interpersonal, leadership and group communication skills which would shape your personality in positive way.

- To adjust with the group and learn to live in group
- To know the Personality development aspects, Employability skills and opportunities

Topics for the Programme

- Self awareness and decision making skills
- Self discovery and Coping with emotions
- Effective communication skills & Interpersonal skills
- Creative thinking & Critical thinking skills
- Problem solving skills
- Time Management
- Stress management
- Personality development
- Employability skills and opportunities

Number of participants	: 40 (Forty) (Only from Kohima)
Duration of the programme	: 3 days (08-03-2022 to 10-03-2022)
Programme Timings	: 9:30 A.M –4:00 P.M
Registration Fee	: There is no registration fee
Venue of the Programme	: Ladies Common Room / Department of Teacher Education, NU

The Programme Coordinator Details:

M. RAJENDRA NATH BABU, Assistant Professor, Dept. of Teacher Education, Nagaland University, Kohima Campus, Meriema, Nagaland – 797004. Mobile no: +91-8555008532, +91-9402207563, mrnb.svu@gmail.com (10.00 A.M. - 4.00 P.M.)