







# 29th International & 60th National **CONFERENCE** of



## **Indian Academy of Applied Psychology**

Pre Conference Workshop 25<sup>th</sup> February, 2025

"Applied Psychology:
Promoting Social Harmony and Wellbeing"

Organized by:

#### **DEPARTMENT OF PSYCHOLOGY**

Nagaland University (A Central University) Kohima Campus, Meriema

**RCI-CRE** accredited



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Vice Chancellor, Nagaland University



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Head, Department of Psychology, Nagaland University

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**Dr Lovika P Shikhu**Assistant Professor
Department of Psychology

# Coordinators Mr Hovisuto Khieya Guest Faculty Department of Psychology

**Mr Jason Puro**Guest Faculty
Department of Psychology

#### **IAAP CONFERENCE 2025**

The Indian Academy of Applied Psychology (IAAP) in association with the Department of Psychology, Nagaland University, is organising the 29<sup>th</sup> International and 60<sup>th</sup> National Conference, 2025 of the IAAP on the theme "Applied Psychology: Promoting social harmony and well-being".

At a time when the world is witnessing serious conflicts both among nations and within nations, when the impact of climate change is beginning to be felt more and more strongly, and when the voices of the marginalised is growing louder by the day, the call to work towards enhancement of individuals' well-being and promotion of social harmony rings loud and clear.

Researchers, academicians, mental health practitioners, policy makers, and other professionals are expected to come together at the conference to share their professional expertise, ideas, experiences and knowledge towards achieving this end.

The conference will feature keynote speeches, workshops and scientific sessions on various areas of applied psychology touching on social, environmental, legal, military, health, educational, and organisational factors, among others, that play crucial roles in well-being and harmony.

#### Who should attend?

Mental Health practitioners, Military Psychologists, Academicians, Researchers, Research Scholars & Students, Policy Workers, Health Workers, Social Workers and Multidisciplinary Professionals.

The conference will host various exotic Naga cuisines for your indulgence. Come and savour one of the hottest organic chilli in the world, The Naga King Chilli and many more food items that are bound to provoke the adventurous tongue.

# Travel Route Delhi Dimapur Kohima Mumbai Kolkata Dimapur Kohima Guwahati Dimapur Kohima Kolkata Dimapur Kohima Kolkata Dimapur Kohima Kolkata Dimapur Kohima Nearest Airport 1. Dimapur (69.7 km from Kohima) 2. Guwahati (280.0 km from Kohima)

#### **Nagaland**

The state of Nagaland was formally inaugurated on December  $1^{\rm st}$ , 1963 as the  $16^{\rm th}$  state of the Indian union. It is bounded by Assam in the West, Myanmar (Burma) on the east, Arunachal Pradesh and part of Assam on the North and Manipur in the South. The State consists of 16 (Sixteen) Administrative Districts, inhabited by 17 major tribes along with other sub-tribes. Each tribe is distinct in character from the other in terms of customs, language and dress. It is a land of folklore passed down the generations through word of mouth. Here, music is an integral part of life; folk songs eulogising ancestors, the brave deeds of warriors and traditional heroes; poetic love songs immortalising ancient tragic love stories; Gospel songs that touch your soul (should you have a religious bend of mind) or the modern tunes rendered exquisitely to set your feet a-tapping.

#### Places to visit in Kohima

- World War II Cemetery
- · World War II Museum, Kisama
- Cathedral, Kohima
- Dzuleke Village: A serene release only nature can offer
- Puliebadze: Marvel upon Kohima and lower Himalayan range in all its splendour
- Dzukou Valley: Where Nature stands finest in its virgin beauty
- Khonoma Village: Green village of Asia



#### **Nagaland University**

Nagaland University the 13<sup>th</sup> Central University and the only Central University in Nagaland was established based on the Act of Parliament of India and received the assent of the President of India on 20<sup>th</sup> October 1989 as THE NAGALAND UNIVERSITY ACT 1989 (No. 35 of 1989) and came into force as notified in THE GAZETTE OF INDIA EXTRAORDINARY PART-II SECTION-1 in October 1989 published by the Ministry of Law and Justice (Legislative Department), New Delhi. The University came into being on September 6, 1994 having jurisdiction over the entire state of Nagaland.

#### **Kohima Campus**

The Kohima campus is spread over 240 acres and is located at Meriema, which is around 10 kms from the city centre. Kohima campus houses 11 departments and 2 centres, and caters to around 1000 Postgraduate and Doctoral students, and Research Scholars.



#### **Department of Psychology**

The Department of Psychology was established in the year 2012 and the first batch of students to the MA program was admitted in the year 2013. The course structure for Masters Degree in Psychology has been designed to provide students with strong theoretical as well as practical orientations in the various domains of psychological science. Over the four semester course, students go for a Clinical Posting Program at the LGB Regional Institute of Mental Health (LGBRIMH), Tezpur, and to various Special Schools, Rehabilitations Centers, Orphanages, and Old Age Homes. The department has introduced Ph.D. programs in 2017 and PG Diploma in Counseling Psychology in 2023.



#### **National Advisory Committee**

- Dr. Amool Ranjan Singh, Professor, Department of Clinical Psychology, Ranchi Institute of Neuro-Psychiatry & Allied Science (RINPAS), Kanke, Jharkhand
- **Dr. Gurpreet Kaur**, Scientist 'F', Defence Institute of Psychological Research (DIPR), Delhi
- Dr. Payal Kanwar Chandel, Department of Psychology, Central University of Haryana
- Dr. Roshan Lal, Professor, Department of Psychology, University of Delhi, Delhi
- **Dr. Panch Ramalingam**, Professor, President, InSPA, Pondicherry
- Dr. K.S. Sengar, Professor, ADAMAS University, Kolkata
- Dr. Gautam S. Gawali, Professor, Amity University, Mumbai
- **Dr. Indranee Phookan Borooah**, Professor, Department of Psychology, Gauhati University
- Dr. Nutan Kumar S. Thingujam, Professor, Department of Psychology, Tripura University
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- Dr. Meena Sehgal, Professor, Department of Psychology, Panjab University, Chandigarh, India
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- Dr. M. Rajendra Nath Babu, Department of education, Nagaland University.
- **Dr. Sushil Kumar Singh**, Department of Teacher education, Nagaland University

#### International Advisory Committee -

- **Dr. Poonam Dhaka**, Professor, Department of Psychology and Social Work University of Namibia, Namibia
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- Dr. Murphy Halliburton, Professor, Dept of Medical Anthropology, City University of New York, USA
- Dr. Madya Saralah Devi, Professor, Applied Psychology, Social Work and Policy, UUM College of Arts and Sciences, Malaysia.
- **Dr. Bongani Douglas Bantwini**, Professor, Walter Sisulu University, Faculty of Education, South Africa
- **Dr. Bahman Kord Tamini**, Associate Professor, Department of Psychology, University of Sistan and Baluchestan, Zahedan, Iran.

#### **Sub Themes**

## 1. Integrative Approaches to Psychological Assessment and Intervention

Synthesizing methodologies from various psychological branches to enhance assessment accuracy and intervention effectiveness.

#### 2. Military Psychology

Current trends, issues, testing, assessment and rehabilitation specific to military psychology.

#### 3. Multicultural Perspectives in Applied Psychology

Addressing diversity and inclusion in psychological practice and research to ensure culturally competent approaches.

#### 4. Advancements in Clinical Psychology

Innovations in therapeutic techniques, diagnosis, and treatment modalities to improve mental health outcomes.

#### 5. Educational and Developmental Psychology

Exploring strategies to optimize learning environments and support healthy development across the lifespan.

Industrial-Organizational Psychology in the Modern Workplace
 Applying psychological principles to enhance organizational effectiveness, employee well-being, and leadership development.

#### 7. Forensic and Legal Psychology

Examining the intersection of psychology and law to promote fairness, justice, and rehabilitation within legal systems.

#### 8. Health Psychology and Behavioral Medicine

Investigating the role of psychological factors in health promotion, disease prevention, and chronic illness management.

#### 9. Environmental Psychology and Sustainable Behavior

Understanding the relationship between individuals and their environments to encourage sustainable practices and well-being.

#### 10. Sports and Performance Psychology

Enhancing athletic performance, motivation, and mental resilience through psychological interventions and training.

#### 11. Emerging Trends and Technologies in Applied Psychology

Harnessing advancements in technology and research methodologies to address contemporary psychological challenges and opportunities.

#### **Awards Instituted in the IAAP**

- NITTTR-IAAP Award: A certificate and case award will be given every year for the research work in M. Phil/Ph. D. or Project funded by any funding agency.
- Dr. P. Deivasenapathy-IAAP Young Scientist Award: A certificate and cash award will be given every year during annual conference with the IAAP specific guidelines available on website.
- Prof. Anima Sen Award: A certificate and cash award will be given every year for the best article published in the Journal of the Indian Academy of Applied Psychology.
- Prof. Mrs. Manju Thakur Memorial Award: A certificate and cash award will be given every year for the distinguished innovative work in research/ test construction and book publication.
- Prof. Deepak Bhat Award: A certificate will be given every year for the best paper presentation in each of the scientific sessions during IAAP annual conference.
- Prof. S. Sultan Akhtar Memorial Award: Certificate and cash award for the best community extension work in the preceding year in areas of Applied Psychology.
- Prof. Pramod Kumar-IAAP Young Psychologist Award: A certificate and cash award will be given every year during annual conference with the IAAP specific guidelines available on website.
- Prof. K.V. Kaliappan Memorial Award: Certificate and cash award for the best research/community extension work conducted in rural settings during the preceding year in the areas of Applied Psychology.
- Smt. Naina Singh Memorial Award: A certificate and cash award will be given every year for the distinguished innovative work in research, book publication and applications of Psychology particularly on/with/by female participants.
- Prof. GP Thakur Memorial Award for Excellence in Psychology: A certificate
  and cash award will be given every year during the Annual Conference with the
  IAAP specific guidelines.

### General guidelines applicable to all awards

All applications forms along with the required documents must be submitted on or before the 15<sup>th</sup> January 2025. Refer to the given website for further information. Required documents:

- Name of the award, along with testimonials not exceeding 2 pages with the list of publications from the last 5 years, in both hard and softcopy.
- Applicants will not be allowed more than one nomination in one award category.
   Email: iaapconference2025@gmail.com Website: Click Here



**Prof. Panch Ramalingam** Editor JIAAP; Keynote Speaker



Prof. V. Surendran
Secretary



**Prof. S. Karunandihi**Prof. GP Thakur Memorial Award for
Excellence in Psychology Lecture



**Prof. G. Venkatesh Kumar** Prof. Sultan Aktar Memorial Award Lecture

#### - INTERNATIONAL SPEAKERS -



**Dr. Mallika Sharma**Professor
Buckinghamshire New University, UK



**Dr Vinay Singh, PhD**Chief Scientist
Orange Neurosciences, Canada



**Dr. Wael M.F Abuhasan**Ph.D, Clinical Health Psychologist
Department of Health, Social and Educational Sciences,
Arab American University of Palestine

IAAP EC Members			
1	Prof. B. Mukhobadhyay	Patron	
2	Prof. S. Karunandihi	Patron	
3	Prof. G. Venkatesh Kumar	Past President	
4	Prof. M. V. R. Raju	President IAAP	
5	Prof. Nov Rattan Sharma	Vice President IAAP	
6	Prof. R. Gopalakrishna	Regional President IAAP	
7	Prof. Renuka Devi	Regional President IAAP	
8	Prof. Kamlesh Singh	Regional President IAAP	
9	Prof. Sadique Razaque	Regional President IAAP	
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12	Prof. Panch Ramalingam	Editor JIAAP	
13	Dr. S. Sabesan	Associate Editor	
14	Dr. Trayanbak Tiwari	Associate Editor JIAAP	
15	Prof. Arti Bakhshi	EC Member	
16	Prof. Goutam Gawali	EC Member	
17	Prof . A. Velayudham	EC Member	
18	Prof. Sadan Das Gupta	EC Member	
19	Prof. Mamata Sharma	EC Member	

## Registration fees after the 24<sup>th</sup> of January 2025 —

Category	IAAP Members	Non IAAP Members
Faculty/Professional	₹4500	₹5500
Students/Research Scholars	₹3000	₹3500
Accompanying Person (Conference Kit will not be provided)	₹3500	₹3500

On-Spot Registration	₹5500	₹4500
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#### **Guidelines of Abstract Submission**

- 1. All submissions must be original and should not be accepted or published or presented in any other conferences/journal.
- Abstract text including the keywords should not exceed 250 words. Abstract must contain no fewer than 4 keywords.
- 3. Abstract must follow APA 7<sup>th</sup> edition format typed in English, font size 12, Times New Roman, double line spacing in MS word format. Papers not in the required format will be reverted back to the authors for rectification.
- 4. Details of the author/s (Name, Organization of affiliation, email address and phone number) must all be adequately specified.
- 5. Presentations must be indicated as ORAL or POSTER.
- 6. Abstract received after the due date will not be considered for presentations, souvenirs or journal publication.
- 7. Selected papers will be considered for publication in the special issue of the JIAAP.

#### Abstract Submission —

Email for scientific paper submission: iaapconference2025@gmail.com Registration: <u>Click Here</u> and Website link: <u>Click Here</u>

#### Important Dates -

Last date for abstract & full paper submission submission:

31st December 2024

#### - Account Details -

Account Name : Head Department of Psychology

Account Number: 41109077001

Name of the Bank: State Bank of India

Branch Name : Kohima Personal Banking Branch

*IFSC Code* : **SBIN0015548** *MICR Code* : **797002106** 

Category	Registration Fee (Non IAAP members)	Registration Fee (IAAP members)	
Faculty and Professional	₹4500	₹3500	
Research Scholars/Students	₹2500	₹2000	
Accompanying Person (Conference Kit will not be provided)	₹2500	₹2500	
International Delegates	\$420	-	
Asian Pacific Countries	\$320	-	

#### Registration Fees upto: 24th January 2025

Pre Conference Workshop	Non IAAP Members	IAAP Members	Students/Scholars
Registration Fee	1800	1500	1000

Participants opting for accommodation can refer to and book your rooms for stay according to the list of hotels and lodges mentioned below:

Lodge	Location	Distance from the University Campus	Room Prices (₹)		Contact (+91)
11-1-176	NH-61, Near Kohima Bible College, Indira Gandhi Stadium Road, National Highway 61, High School Colony, Kohima, Nagaland 797001	5.4 km	Single Occupancy	Double Occupancy	
Hotel Vivor			3800-7450 4500-7450		8974066508
			Premium - Niathu Suite		
Duda	High School Colony, Kohima, Nagaland 797121	5.9 km	1100 – 3000		8131088936 8794937960
Guest House			Single room - Suite		
	3 <sup>rd</sup> Floor, North City Centre		1800 – 2500	1800 – 2500	
Homestay Naga Wanderer	Landmark, New Secretariat Rd, above SBI Bank, Lower Bayavü Hill, Kohima, Nagaland 797001	7.1 km	Twin – King/ Queen size		8731820702
	Govt. High School, Near ITI		2200 – 3300		7641837766, 7005029250 3702260061
Hotel Ariel	office, Road, Lower Bayavü Hill, Kohima, Nagaland 797001	7.1 Km	Single – Deluxe Double		
	Themezie, High School		4000 – 9800		3702260052 8118924953
De Orien- tal Grand	Road, National Highway 61, Upper Bayavü Hill, Kohima, Nagaland 797001	7.6 km	Grand Single – Grand Suite		
JN Hotel	Sekhose Commercial Complex D Block, Nagaland 797001	9.5 km	1000-2000		98632 71033
			Standard Single – Deluxe		
Hotel Pine	Upper, Midland, Midland Colony, Kohima, Nagaland 797001	10 km	2000 – 4000		94360 01041
TIOLOTTINO			Standard – Premium		
Hatal Diva	House 028, Midland,		2500 – 6000		70051 54529
Hotel Blue Bayou	opposite Kohima War Cemetery, Kohima, Nagaland 797001	11 km Non AC - AC Suite		te	
Hotel Lavisto	Opposite World War II Cemetery, NH-29, Midland Colony, Kohima, Nagaland 797001	11 km	2300 – 4200		69099 31832
			Eco – Deluxe room		
East Gate	Chandmari Road, opposite 2nd World War Cemetery, Midland Colony, Kohima, Nagaland 797001	11 km	1700 – 4000		90894 34838
Hotel			Single room – Suite		
Hotel	B.O.C, P.R. Hill, Kohima, Nagaland 797001	12 km	2899 – 8100		7085050599
Japfü			Deluxe Single – Premium Suite		