

## **Millets possess enormous health benefits: Yanthan**

A farmers awareness programme has been organized by the Department of GPB and farmers cell, School of Agricultural Sciences & Rural Development, Nagaland University, Medziphema on 18.03.2023. The programme began with inauguration of Primary Millets Processing Unit by Shri. N. Jacob Yanthan, Additional Director Agriculture at department of GPB. Addressing the farmers, Shri. N. Jacob Yanthan, highlighted the nutritional benefits of various millets crops. Shri. Yanthan urged the farmers to adopt cultivation of millet crops as millets are climate resilient crops with tolerance to adverse climatic conditions. He pointed out that millets are rich in dietary fibre, devoid of gluten and also good sources of minerals and vitamins which are needed for normal functioning of human being.

Presiding over the function, Prof. L. Daiho, Dean, SASRD welcomed all the guests and farmer. Emphasizing the importance, he elaborated how gradually millets disappeared from our food. Prof. Daiho also mentioned the necessity to revive our age-old food habits of consumption of millets as it is the main objective of celebrating 2023 as international year of millets.

Professor Tongpang Longkumer, Head of the department of Agronomy and convener of farmers cell, NU SASRD delivered the introductory remark and informed the farmers about activities undertaken under millets promotion scheme to observe the year 2023 as international year of millets. He said that farmers need to alter agricultural practices so as to mitigate the ill effects of global climate change in agricultural crops. Professor Malini B. Sharma, Head of the department of GPB chaired the programme and urged the farmers to get benefit out of primary millets processing unit established at department of GPB, SASRD. Dr. Pankaj Shah, Coordinator, Millets scheme, delivered the vote of thanks.

During the event; the address of honourable Prime Minister Shri. Narendra Modi was live webcasted from ICAR headquarters, New Delhi where Global Millets Conference was inaugurated by the Prime Minister.

In the technical session Dr. Pankaj Kumar Shah, Coordinator Millets Scheme, Department of GPB, NU SASRD, emphasized the nutritional importance of millets. Dr. Debika Nongmaithem, Assistant Professor, elaborated the production technology of millet crops. At the end the farmers visited the primary millets processing unit and were gifted with seeds of finger millet and small implements.

Around 130 participants comprising of farmers and farm women from Medziphema village, Molvom, Sirhima, Suconoma and Pherimaand staff, faculties, research scholars and PG students from different department of SASRD actively participated in the programme.

=====



18.03.2023-Farmers visiting Primary Millets Processing Unit, SAS, NU Medziphema



Shri. N. Jacob Yanthan, Additional Director, Agriculture inaugurating the Primary Millets Processing Unit at Department of GPB, SAS, NU, Medziphema-18.03.2023



Delegates observing Millets Processing Unit at SAS, NU, Medziphema 18.03.2023





Delegated at Primary Millets Processing Unit after inauguration – 18.03.2023



Exhibition of Processed products of Millets during Farmers Awareness Programme- 18.03.2023



Special Guest Shri. N. Jacob Yanthan addressing the farmers





Prof. L. Daiho, Dean, SAS, addressing the gathering



Farmers and other participants of Farmers awareness programme on Millets-18.03.2023



Live streaming of Honourable Prime Minister Shri. Narendra Modi's address from ICAR, New Delhi-18.03.2023





Technical Session : Famers Awareness Programme on Millets-18.03.2023



Group pf farmers with guests and SAS staff: Farmers awareness programme on Millets- 18.03.2023.



Prof. L. Tongpang, Convener farmers cell, SAS, NU, Medziphema showing the equipments and uses of machineries at Millets Processing Unit



Farmers receiving seeds of Millets and other inputs

