## BOOKS PURCHASED DEPARTMENT OF SPORTS (2020-2021)

## **DEPARTMENTAL LIBRARY**

SI. No.	Qty.	Title & Author (Sports)
1	2	Basics of judo — Somnath Chakraborty (Sport)
2	2	A text book on yoga and health — Dr. Sanjiv Kr. Bhowmik (Sport)
3	2	Encyclopedia of yoga — Dr. Tarak Nath Parmanik (Sport)
4	2	Fundamentals of Yoga Education (For B.P.Ed. and M.P.Ed.
		Professionals) — Dr. Sivasankar Sundaram (Sport)
5	2	Yoga Asanas and Their Benefits (H) — Dr. Dhananjoy Shaw (Sport)
6	2	How to Play Football (P) — Dr. O.P. Aneja (Sport)
7	2	How to Play Balance Beam Gymnastics (P) — Apte (Sport)
8	2	Beginners guide to the gym workouts — Jagdish S. Shinde (Sport)
9	2	Handbook of Badminton Training Programme (H) —
		Dr. M. Srinivasan (Sport)
10	1	How to Play Badminton (P) — Dr. O.P. Aneja (Sport)
11	2	How to Play Basketball (P) — Dr. O.P. Aneja (Sport)
12	2	How to Play Volleyball (P) — Dr. O.P. Aneja (Sport)
13	2	Teach yourself volleyball — Veena Jain (Sport)
14	2	Skills & Tactics basketball (H) — Lokesh Thani (Sport)
15	2	How to Play Athletics (P) — Dr. O.P. Aneja (Sport)
16	2	Injuries In Athletics (H) — Dr. Shyam Sundar Rath (Sport)
17	2	How to Play Table Tennis (P) — Dr. Hemant Verma (Sport)
18	2	How to Play Chess (P) — Captain Crawley (Sport)
19	2	How to Play Carrom (P) — Lalit Saini (Sport)
20	2	Physical Fitness and Wellness (H) — Eldhose Mathachan (Sport)
21	2	How to Play Cricket (P) — Dr. O.P. Aneja (Sport)
22	2	Teach yourself weight training — Meenu Syal (Sport)
23	2	Teach yourself weight lifting — Priyanka Narang (Sport)
24	1	Most Popular Sports & Games (P) — Thakur(Sport)
25	2	Rule Book of Sports & Games (H) — Dr. T. Thangamani (Sport)
26	2	Virat Kohli (P) — Charanpal Singh Sobti (Sport)
27	2	The Book of Kabaddi (H) — Dr. I. Karikalan (Sport)

28	2	A campanion to Badminton (Basic drills to improve fitness and
		skills) (H) — Satyanarayanreddy (Sport)
29	2	Kabaddi (Skills, Drills, Tactics and Strategies)(H) — Gouda (Sport)
30	2	Kinesio Taping in Games and Sports (H) — Dr. Dhananjoy Shaw (Sport
31	2	Book of games (hardcover) — Prof Sandeep Bhalla (Sport)
32	2	Sports Rule Book (H) — Dr. Alok Mishra (Sport)
33	2	Indoor sports (hardcover) — Yograj Thani (Sport)
34	2	Team sports — Yograj Thani (Sport)
35	2	Books of Rules of Games (H) — Dr. A. K. Srivastava (Sport)
36	2	P.T. Drill (H) — Dr. Ravinder R. Kawre (Sport)
37	2	Handbook of athletics (hardcover) — Dr. Baljit Singh (Sport)
38	2	Traditional games — YADVINDER SINGH (Sport)
39	2	Teach yourself archery (Sport)
40	2	Teach-yourself atya patya — Anju Sharma (Sport)
41	2	Teach-yourself backcrawl swimming — Dr. A. K. Srivastava (Sport)
42	2	Teach-yourself breaststroke swimming (Sport)
43	2	Teach-yourself butterfly swimming — Dr. A. K. Srivastava (Sport)
44	2	Teach-yourself frontcrawl swimming — Dr. A. K. Srivastava (Sport)
45	2	Teach yourself badminton — Renu Jain (Sport)
46	2	Teach yourself basketball — Renu Jain (Sport)
47	2	Teach yourself cricket — Meenu Syal (Sport)
48	2	Teach-yourself batting — Dr. A. K. Srivastava (Sport)
49	2	Teach-yourself bowling — Dr. A. K. Srivastava (Sport)
50	2	Teach-yourself fielding — Dr. A. K. Srivastava (Sport)
51	2	Teach yourself throwing — Meenu Syal (Sport)
52	2	Teach yourself hockey — Renu Jain (Sport)

53	2	Teach yourself snooker — Priyanka Narang (Sport)
54	2	How to Play Strength Training (P) — Dr. Dhananjoy Shaw (Sport)
55	2	Teach-yourself physical training — Dr. O.P. Aneja (Sport)
56	2	Teach yourself shooting — Pankaj Chaudhary (Sport)
57	1	Play better karate — K.S.KUMAR (Sport)
58	2	How to Play Men Gymnastics (P) — Dr Sameer R Pawar (Sport)
59	2	How to Play Fielding (P) — Dr Sameer R Pawar (Sport)
60	2	How to Play Boxing (P) — Dr. Pramod Kumar Sethi (Sport)
61	2	How to Play Javelin Throw (P) — Dr. Ravi S. Pothuvaal (Sport)
62	2	How to Play Hurdling (P) — Sahid Salim Qureshi (Sport)
63	2	How to Play Kho Kho (P) — Naval Kishore (Sport)
64	1	Sports Training (General Theory and Methods of Sports Training,
		Exercises and Measurement) (H) — Shaw (Sport)
65	1	Sports Injuries & Therapeutic Modalities (P) — Bindal (Sport)
66	1	Encyclopadia of education in physical education —
		Gopalakrishnan (Sport)
67	1	Physical education, health, sports and games encyclopaedia (4 vol.)
		— Dr. Dheeraj Kr. Singh (Sport)
68	1	Encyclopaedia of sports and games (5 vol.) — Srivastava (Sport)
69	1	Athletic injuries — KANIKA K. (Sport)
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