



## One-Day Workshop on YOGA

Date: 20<sup>th</sup> April 2022 Venue: Conference Hall, Exam Section

Time: 01:00 PM

Chairperson: Mr. Ashish Kumar, Hindi Officer

- Speech:

   Dr. Maongsangba,
   Registrar I/c
- Yoga Lecture & Demonstration: Prof. M.K. Sinha, Director, IQAC
- Vote of Thanks: Mr. Peter Ki, PRO

Refreshment