

**INTERDISCIPLINARY PAPER**

**SUBJECT – EDUCATION**

**3<sup>RD</sup> SEMESTER**

**Title of the Paper – GUIDANCE AND COUNSELLING**

**Course Objectives:**

**Credit - 3**

- To help in understanding the meaning and importance of guidance and counselling.
- To develop the ability to interpret various records for assessing the student's strength and weakness.
- To acquaint the students to various approaches in organizing vocational guidance.

**Course Contents:**

**UNIT – 1 Introduction to Guidance.**

- Meaning, Nature and Scope.
- Principles of Guidance.

**UNIT -2 Educational Guidance.**

- Meaning, Need and importance
- Basic data necessary for educational guidance: Pupils abilities, aptitude, personality, interest and attitudes.

**UNIT -3 Concept of Counselling.**

- Meaning, Nature and Scope of counselling
- Various steps and techniques of counselling

**UNIT -4 Vocational Guidance.**

- Meaning and Objective.
- Vocational Guidance at secondary stage.

**UNIT -5 Career Counselling.**

- Meaning and Importance.
- Career Counselling with college students

**Suggested Readings.**

1. Sitaram Jaiswal, Principles of Guidance and Counselling.
2. JC Aggarwal, Doaba. Educational Vocational Guidance and Counselling.
3. Rashmi Agarwal, Educational Vocational Guidance and Counselling: Principles, Techniques, Programmes .