

**INTERNATIONAL YOGA DAY 2018  
CELEBRATION AT SASRD,  
MEDZIPHEMA CAMPUS**

**Date: 21<sup>st</sup> June 2018-06-21  
Time: 11:00 AM onwards  
Venue: Library**

In Nagaland University SASRD, Medziphema Campus, the International Yoga Day was celebrated at the Library hall. Prof. M. Alemla Ao, Pro-VC In charge, chaired the programme. She welcomed the participants and highlighted the benefits of yoga. Prof. L. Daiho, Dean In charge was the Yoga Master of the day. The programme ended with light refreshment.









Prof. L. Daiho, Dean Incharge & Yoga Master



Prof. M. Alemla Ao, PVC Incharge, Chairperson